

HOW TO MOVE TO AN ISLAND

Bequia, Vieques, Maui, Tasmania and our **40 picks** for your next move

START AN INN P.27

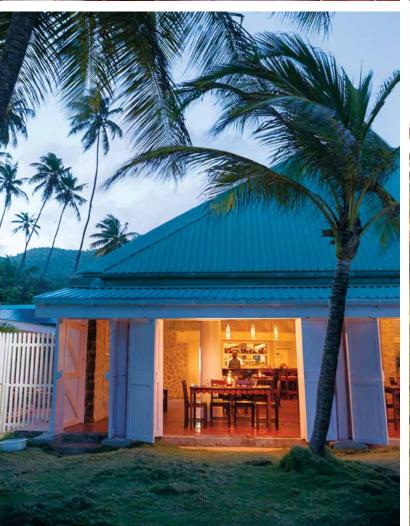
WORK ON
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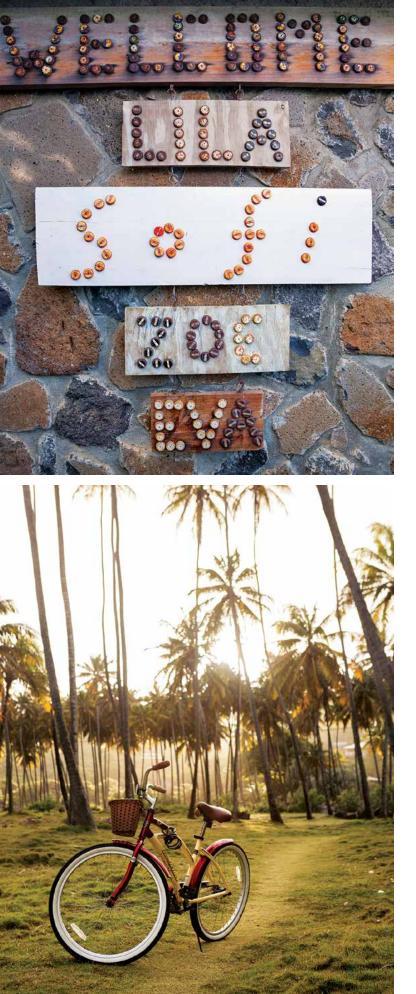
SIMPLIFY Your Life P.47 SAIL Away P.52

BEQUIA, ST. VINCENT AND THE GRENADINES







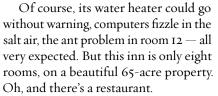




There are no linens. No kitchen stove. Guests arrive in three days. Heather Evans never dreamed of running an inn, or that she might roll her personal stove down a hill to do so. Five years ago, the 49-yearold investment banker had semi-retired to Bequia. Here, she enjoyed a sunny deck and lots of good books, as she'd planned. But her eyes drifted off their pages in 2012. An inn was up for lease. How cute ...

Just eight rooms. The ocean at its doorstep. It needed work, but Heather saw potential: Tin lanterns swaying in the breeze; loaner cruiser bikes for guests. All of it near her home on Bequia (beck-way), a tiny Caribbean island she fell for on vacation in 2003 and visited till 2009, when she, her husband, Emmett, and her two younger daughters moved here. Now, with her youngest off at school, the nest

was empty. What a sweet little inn.



Did she really want to take all this on? She had come to the island to slow down, to downsize. Her old life in New York had "huge overhead." Four kids in private school. A tutor. A town house.

"We were consumers in the States," recalls Heather. "Here, we're not. We eat at home. There are no heating costs. A doctor's visit is \$38. The great thing about Bequia is there's nothing to buy."

Fast-forward to November. The chef Heather Except, perhaps, a lease agreement for an inn and restaurant. The property secured for the restaurant has backed out. The screamed for an overhaul. It would tap monogrammed sheets and the appliances

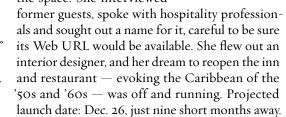


THE MOVER: Heather Evans, 54 FROM: Brooklyn, New York WHY SHE MOVED: TO downshift, simplify her life and read books ... so she thought. MONEY SITUATION: Retirement savings (undisclosed) helped by the sale of her town house.

Take Over an Inn BEQUIA, ST. VINCENT AND THE GRENADINES

her retirement savings.

- Still, why couldn't her island life evolve? She was
- a New Yorker, after all. She had toiled long hours at a
- Wall Street investment firm, then caught the subway home to Brooklyn, where she raised her four daughters. A quaint little inn and restaurant on sleepy Bequia? This she could handle. Right?
- She presented a business plan and secured the lease. She had her inn. Now what?
- She spent a week living on the property to get a feel for the space. She interviewed







Doors hadn't been built ... bat poop ... grimy tile floors ... "What have I done?"

she'd ordered are locked in St. Vincent and the Grenadines' customs. The doors have not been built, leaving open gaps to the outside. What little painting has been completed is the wrong color. "What have I done?"

The question had loomed over Heather for months. The former banker who had called the 2008 economic crisis "the biggest financial disaster ever" now questioned whether she'd embarked on her own spiral. It bottomed out Nov. 30.

"The place was filled with bat poop. Each night, the bats left a trail of fresh poop, pee and almond shells over the floor. Worse, the old tile floors had a layer of grime that wouldn't budge, even after I spent a week experimenting with chemicals."

Meanwhile, the grand opening crept closer. The website Heather had created for her newly minted (but hardly mint) Sugar Reef Bequia had attracted bookings. In less than a month, Sugar Reef's first

guests would arrive.

LESSONS LEARNED BEWARE OF AN INN WITH RESTAURANT Both are separate challenges that, when combined, can be deadly. Heather finds overseeing a restaurant the tougher task, and where she

spends more time. EMBRACE THE INTERNET It remains the great equalizer. A small hotel's website can attract bookings just as effectively as a larger one's. Heather launched a campaign on Adwords, Google's advertising arm, and tracked performance daily. SEEK ADVICE Attend industry conferences (see page 30) and meet

with consultants. BRACE YOURSELF Overseeing a successful inn is not retirement. But Heather had faith. The doors were eventually finished. The bats were shut out. A painter treated the grimy tiles with muriatic acid and Mop & Glo. ("Who knew?" says Heather.) A day before opening, as she debated rolling her personal oven down the hill, a Christmas miracle: Her container with linens and appliances was released from customs. The inn opened on schedule.

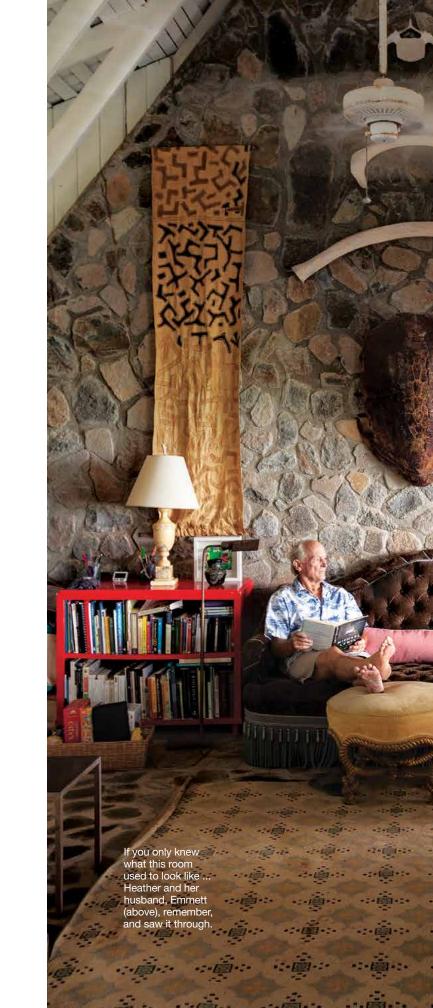
Now, more than a year since taking on Sugar Reef, her workday has shrunk from 16 hours to 12. Hardly semiretirement. But she has no regrets. "Once my daughter went off to school,

I needed to do something."

These days, that "something" means securing more help for the restaurant, which Heather finds far more challenging than running the inn.

She has also learned to make tea the British way, after an English guest — few guests are American — chided her.

No, running an inn isn't a sunny deck and a good book. But she did that already. The lesson? "I can't spend that much time reading." • HOW TO DO IT >





HOW TO OPEN AN INN

Where to do it:
BAHAMAS Close by, A-list appeal with celebs, and 1.4 million arrivals in 2012. Plus, conch.
DOMINICAN REPUBLIC Allinclusive crowds flock to Punta Cana. Nearby Samana beckons.
ARUBA Loyal visitors, big-name hotels — and your boutique alternative? Bon bini.
KO CHANG, THAILAND Arrivals are on the up. Inns are popular. So are elephant tours.
BALI Aman has five resorts in Indonesia, and may add a second in Bali, which is rebounding.

If you do it: • FOLLOW Best to let big luxury brands explore new island frontiers, establish infra-structure and air service. Then follow. Also, search online for an island's tourism arrivals and hotel occupancy rates. • NETWORK Attend the Hotel, Motel + Restaurant Show and (Heather's favorite) the New York International Gift Fair. • SHOP Find hotels for sale at cbre.com/regions. Note the at cbre.com/regions. Note the photos there. Good ones will be key for your inn's website.

Go in Depth: islands.com/bitlo

CONSTRACTOR DANSE

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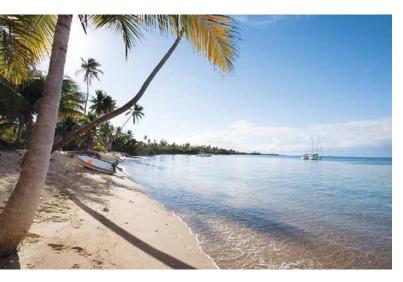
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HOW TO MOVE TO AN ISLAND

Start a Business

Marc DeLucia has never heard of Vieques when a friend on the small Puerto Rican island invites him to visit. This is August 1999. Marc is hanging out in Austin, Texas, a college graduate wondering where a degree is about to take him. Like perhaps to a bed and a beach on ... how do you say it, *Vee-eh-kez*? Isn't that the place the Navy is still using as a target range for bombs? "I'm coming," Marc tells his friend.



Marc packs for a weeklong stay. Turns out the obligatory post-graduation trip changes Marc's life. Just not right away. His route to being an outfitter in the Caribbean will take 12 years, with a few turns along the way, and one immediate hitch in reverse.

"That first trip, I had to go back home after three weeks on the island," he says, not specifying if it was his decision or his friend's. "But I had already fallen in love with the place."

Love is often the driving force behind our boldest decisions, especially as young adults. Marriage. The car we can't afford. A move to an island laden with leaning palm trees and a sleepy job market. So Marc returns to Texas just long enough to sell some of his stuff and to gather all the cash he has to his name: \$3,000. And then he takes off for Vieques again. This time he knows how to pronounce it, and this time he finds employment at a hotel. Truth is, the early days are not total bliss. Marc is tempted to return to the States after less than a year because of, among other things, his difficulty adjusting to the very island pace that attracted him in the first place. But he sticks it out. Without realizing it, he is slowly becoming an expat.

"What I really liked was riding my bike around the island," says Marc, now 42. "I'd look at the colors of the water and search out new places."

Being outside. Discovering beauty. Yes, the

scenery that has been an object of Marc's affection from the start will bear fruit for him. In time.

The job at the hotel (now called Bravo Beach) leads to a position with a start-up, Evamer Cottages, which rents vacation villas on the island's north shore. He decides to get a Vieques resident card, which entitles him to discounts and "first dibs" on the ferry over to Puerto Rico's main island when the ferry is full. (As a resident of Puerto Rico, he can no longer vote in the U.S.

THE MOVER: Marc DeLucia, 42 FROM: Austin, Texas WHY HE MOVED: A riend invited him to visit the island after college; the natural and tropical surroundings persuaded him to make a move MONEY SITUATION: Came to Vieques with \$3,000 and a very loose job commitment.



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Marc bought his first paddle board 12 years after moving to Vieques, not knowing it would spark a business.



There are no traffic lights, leaving the wild horses and the color of the water to make people stop.

His move with only a little cash came after watching his dad lose his pension and earnings.

presidential election, since Puerto Rico is an unincorporated territory and not a state.) And then the path from college to his own business finally opens wide, by accident, in 2012. The impetus is a deal Marc finds on Facebook. One of his friends on Vieques is leaving the island (he was what locals call a "bomb boy," an expert who comes to defuse bombs left behind by the Navy after its test program was shut down). The friend doesn't want to pack his expensive stand-up paddle board and posts it at the fire-sale price of \$750.

"I didn't have the money to buy a boat," Marc says. "I figured the board would be a way for me to go about a mile out to snorkel on some reefs, and be there in 10 minutes. It also allowed me to see parts of the island I couldn't otherwise get to."

The paddle board opens up more than just splendid views. Visitors see Marc on the board and ask if they can give it a try. He realizes that he's on

to something. Six months later, he buys another board and starts leading SUP tours for \$50 per person. It goes so well that in December he buys a third board. By the end of winter he has seven paddle boards and a business he describes as "lucrative." It helps that Marc is considered a local on an island whose name he once could not pronounce.

Marc admits that his move to Vieques with only a little cash and barely a job opportunity came from a "carpe diem" attitude he adopted while growing up. He watched how his dad had to adjust after being laid off from a job and losing his pension and earnings.

"I figure why wait your whole life for something that might not be a guarantee after all?" Marc says.

You could say he's living the dream backward. He made the island move before starting a career. He plans to use his profits to buy a nice little house in the States where he can spend summers. In the meantime, though, the little island with wild horses and bad roads will be his meal ticket, his passion and his home. • HOW TO DO IT >

LESSONS LEARNED GIVE IT TIME It takes about a year

to get acclimated to a small island. Your mind and body need to shift into the island pace. ADJUST THE BUDGET In the Caribbean, calculate your annual income based on eight months of earnings. Business is slow from August to November. CLAIM VEGETABLES WHEN YOU CAN Do not take red tomatoes and green lettuce for granted. They show up once in a while at the grocery store, and disappear fast. FORGET THE CAR It's less expensive to buy a used car on the island than to transport your own from the States Remember, cars get dirty and salty.





HOW TO GET STARTED

Where to do it:
AMERICAN SAMOA Tourism is in its infancy here. They use the U.S. dollar, and water activities are hugely popular.
ST. JOHN No language or currency barriers. More than half the island is national park.
COZUMEL It's experiencing an upswing in American entrepreneurs. Flexible visa policies.
FLORIDA KEYS Easy to scout. Home to more than 50 scout. Home to more than 50 dive shops alone. **GUAM** Gets 1.2 million visitors a year, and has been called a theme park for the Japanese.

If you do it: I LOOK FOR EXPATS Places with large expat populations need services and businesses that cater to expats. And expats tend to support each other. **2 HIRE LOCALS** Government officials usually look favorably on those who want to invest in the country and provide

in the country and provide employment.
BE INVOLVED The best way to meet people and gain trust is to volunteer. Clean up the beach. Adopt stray dogs. Par-ticipate in childrens' programs. You'll make friends.



BEST ISLANDS TO LIVE ON FOR ...

Retiring Early DELIZE New housing is

priced to attract expats, and the language is easy: English. **2 PHILIPPINES** Long-term visas are available. Stress and cost of living are equally low. **3 MALTA** Property taxes are nil, and lots of old farmhouses are begging to be refurbished. **4 CYPRUS** A visa can be secured by proving a \$7,500 **BOATAN** Islanders look
 favorably on American expats. Lots of volunteer ops.

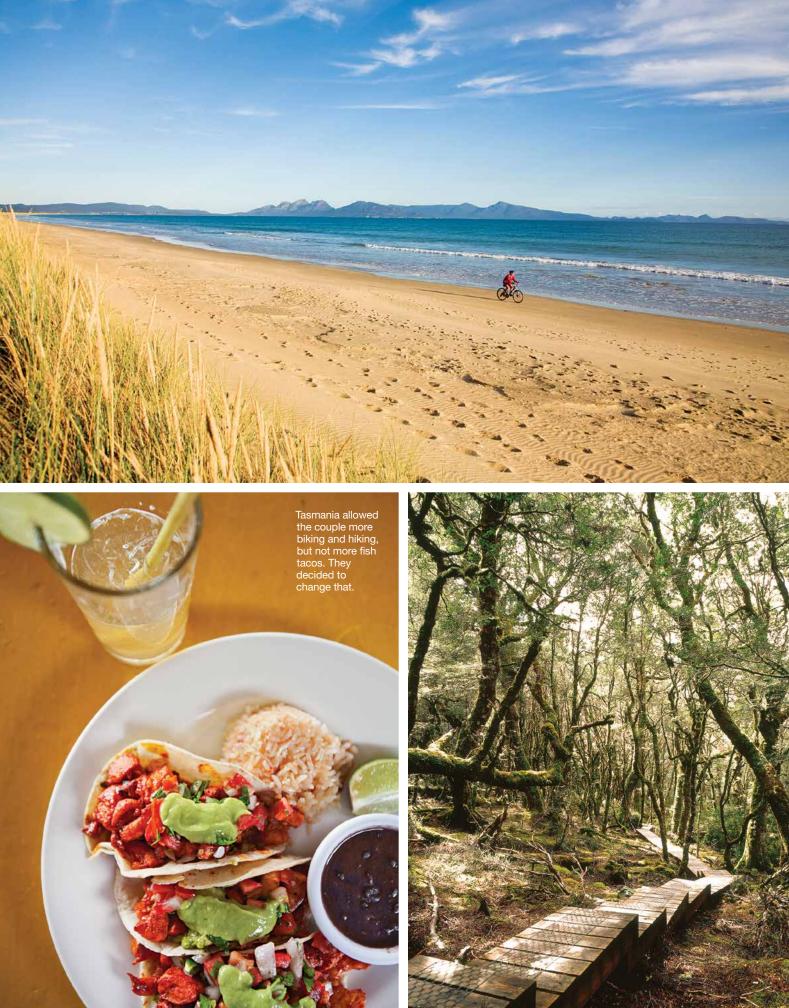
Meet the Expats: islands.com/bitlo

Easy Transitions • PUERTO RICO The isle's west coast is safe and accessible, and has expats from all states. **2 HAWAI'I** Make a trial run to check the housing situation. If it only lasts a year, so what? **3 PENANG** Medical care gets high marks, and it has an expat office to help ease the move. • **OMINICAN REPUBLIC** Affordable flights and affordable housing in every direction. **GRAND TURK** Vibe is worth permit fees (\$1,000 to reside; \$2,500 to work as an editor).

Starting Over • HVAR Croatia's sunshine isle is no longer hidden, but it's still cheaper than most of Europe.2 NEW ZEALAND The 4 million people are spread over a land mass the size of California. **3 LOMBOK** If you missed Bali's expat migration, its second run is to this part of Indonesia.
TUVALU Near Fiji, but far more remote. Locals care about making friends, not wealth. **9 PALAU** World's fourth least populated country has strong American ties, like the U.S. dollar.

Raising a Family • MAUI Hawaii has America's longest life expectancy (81); one of the lowest violent crime rates. **2 JAPAN** Near the top of the Global Peace Index; just don't fall into a 60-hour work week. **3 BAHAMAS** Kids grow up in a BAHAMAS Kids grow up in a cultural melting pot without being too far from extended family.
 FIJI English is widely spoken (even in schools) on islands where family truly comes first. • USVI Field trips to sea-turtle nests; snorkeling every day. Do homework on public schools.





Blossoming careers. A great apartment. Their own parking spot in the city. Nothing on paper spoke to why Paige Lansing and Carlos Valle would dare leave their lives in San Francisco. Not in a down economy. Not with a job at a Silicon Valley start-up. And most certainly not for an island they'd arrive at unemployed. So what could spark their improbable move? A bottle of whiskey. Well, at least that part adds up.

Not just any whiskey: Tasmanian whiskey. A gift from Paige's dad, David, an Islands contributor.

It was December 2011, and Paige and Carlos had been Googling the world for a place with good biking and good food, where their passions could flourish. Paige always dreamed of living overseas. She never felt weeklong vacations got to the heart of a culture. With a bottle of Lark whiskey in hand, they added Tasmania to their search.

The Australian island checked all their boxes, and new ones. For example, the island allowed younger workers like them temporary visas. Still ... Tasmanía? Prior to the whiskey, Paige couldn't find it on a map. She was a marketer for Whole Foods, handling 35 stores. Carlos was an engineer at a high-tech start up. The Bay Area was their fast track: two Type A's racing for the good life. Or not.

"Our lives were too busy," Paige says. "We'd be up at 6 a.m. for fitness boot camps, then commute to work, then work overtime and then have a full social schedule. We had no free time."

Sound familiar? Yet among their 30-year-old peers, their dream of a simpler life didn't instill much envy.

COURTESY PAIGE LANS CORBIS; DAVID MATHES

"It's deemed irresponsible to leave



wer hours. They had work



good jobs in today's market," she recalls.

They pressed on, and applied for Australian work-holiday visas (\$230 each) — anticipating a long wait for their applications' acceptance.

"It took 14 hours," Paige says, smiling.

But there was also the matter of overseas health insurance. It was required for their work visas.

"Just \$75 per month for both of us." More smiles. With momentum on their side, they

ige Lansing, 27 FROM: San Frano. California WHY THEY MOVED: A ttle of Tasmania hiskey, and to pay less rent and work MONEY SITUATION:

0.000 in savings permits; no jobs.

bought one-way plane tickets for \$1,300 each. Just like that, Tasmania was real.

They pared down their belongings and began searching Gumtree, like an Australian version of Craigslist, to get a feel for the island's cost of living. They also secured an apartment in Hobart, the island's capital, through Airbnb.com.

But they had no jobs. Not yet, though employment wasn't a major concern. This was not intended to be a career move. Their visas were temporary. Australia's minimum wage was a staggering \$16 USD per hour. They'd find work soon enough. Work that enabled them a life far beyond it. Besides, bigger challenges remained in San Francisco.

"The most difficult part of the process was quitting our jobs," says Paige,

They consider themselves "casually employed" because they do so much more.

citing a stigma among her age group. A stigma that attaches success to jobs, and jobs to higher education costs and the loans they entail — anchoring younger generations of would-be expats. Walking out on a good job? At their age? It just isn't done.

But Paige and Carlos did it, arriving in Hobart with bikes and big duffel bags. Almost immediately, Carlos found a job as a head bike mechanic. Soon after, Paige landed a marketing/bartending job for Lark whiskey distillery. Yes, that Lark whiskey.

Of course, they work hard. But they consider themselves "casually employed" because of what else they do: biking, camping, exploring Australia, and steering clear of their former life's habits.

"We don't buy things like \$18 yoga classes, so we don't have to work harder to afford them," Paige says. "We also rarely go out for dinner."

Cue the Tasmanian-red sunset, and triumphant expats strolling onto its horizon, if only for a year's work visa. Except Paige and Carlos aren't the type to stroll, and not all their Bay Area habits died easily. Namely, their love of Mexican food. They knew they'd be leaving it behind. But free time

in Tasmania meant doing something about it. Enter Cocina de Mama, their pop-up Mexican restaurant, opened with help from a local friend.

If Australia and enchiladas seem an unlikely mix, it's for good reason. Chiles, for example, are a tough find. But the couple is determined. At their last popup event they sold 200 tacos. And as improbable as it sounds, the tacos have them thinking like Tasmanians.

"I went to the butcher to buy pork lard," Paige recalls, "and the butcher said, 'Why don't you just make your own?' The thought never occurred to me because I never had the time."

But in Hobart, time is its own currency, allowing the two to purchase a slower life of long weekends with new friends, most of whom (thanks to Australia's high wages) are homeowners.

"It's all so contrary to the life we used to live in the Bay Area," Paige says. Except for the whiskey. • **HOW TO DO IT** >

LESSONS LEARNED

SECURE CHEAP DIGS Prior to moving, Paige and Carlos utilized Airbnb.com to book a fully furnished apartment for a month at just \$35 a night. This gave them time to scout out permanent accommodations PACK LIGHT They pared their belongings to just \$500 in excess baggage fees. Not bad (they flew with two bikes) **BRING PHOTOS** A fully furnished apartment or house may or may not be decorated to your taste. Paige and Carlos wished they'd brought more photos to personalize their living space.



Friends questioned why the couple left. Tasman National Park offers one answer.

HOW TO SIMPLIFY (IF JUST FOR A YEAR)

Where to do it: NEW ZEALAND Work permits in Auckland lead to cheap rent, and ops in yoga, food and wine. TAIWAN Teaching English is in demand and red-tape free. Search jobs at tealit.com. Diff you do it (legally): CHOOSE WISELY Young Americans can get working-holiday visas in certain island nations (restrictions apply). They include: Singapore, New Zea-land, Ireland and Australia. New Zealand and Australia. Search jobs at tealit.com.
 IRELAND Chefs and tourism workers are needed. Enjoy low rent, rolling hills, Guinness. **4 KO CHANG, THAILAND** Growing expat population; a low-cost paradise; beautiful. **5 SAN BLAS, PANAMA** It's affordable and has plenty of expats to help the transition.

VOLUNTEER The Peace
 Corps lets you become part of a local community. Roughly 84 percent of its participants are percent of its participants are between the ages of 20 and 29. **TEACH ENGLISH** The path of least resistance to a job abroad. Asian countries are always on the lookout. *teachaway.com*

Go in Depth: islands.com/bitlo



HOW TO MOVE TO AN ISLAND

Sail Away, Alone

Like so many newlyweds, Rick and Suza Goltz boarded a boat for their honeymoon. But Rick and Suza just returned to Florida this summer — their honeymoon at sea lasted *14 years*. Living on a 44-foot yacht was at times like living in a children's book (sandy islands and weeks spent alone on the ocean). But there were other times. "It could be like living in a washing machine," says Suza. Yes, they have stories.

A year sailing the Caribbean. It's the ultimate cruise for most, but for Rick, 41 at the time, and Suza, 40, it's merely a warm-up. This is 1999. They've retired early from their engineering posts at Kennedy Space Center in Cape Canaveral, Florida. Compiled a gift registry at West Marine. Exchanged vows. And now, with 10 years of planning and two pet cats in hand, they're gone. Headed around the world on a 44-foot yacht.

"The first year we were just getting comfortable on the water," says Suza. So the Caribbean becomes their kiddie pool. This is pre-Wi-Fi. The \$250 chip that contains nautical charts for the entire world in 2013 doesn't exist in 1999. Rick and Suza have to buy paper charts at \$15 each. Just to get from Florida to Trinidad, they need 100 charts, for a grand total of \$1,500. Hence, the West Marine wedding registry, and the annuity from which they will draw a monthly allowance.

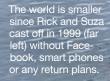
"Our plan before leaving was to live on \$30,000 per year," says Rick.

But the Caribbean cruise is just a rehearsal for the voyage to South America and into the Pacific. Every time they raise the anchor, they're looking at an average of 600 nautical miles to the next anchorage — at least five days and nights. The longest passage between two lands in this swing is from the Galapagos to the Marquesas. The route is almost 3,000 miles, takes 23 days on the horizonless blue ocean, and is perhaps the couple's biggest test in the early stages of the honeymoon.

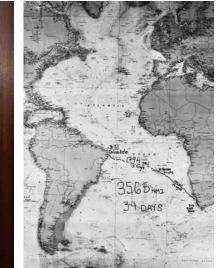
"I was done at day 17," Suza says of the rough passage with her husband of barely one year. "Nothing can prepare you for that much time at sea with one person." She takes the night watch during this leg. They make it. And that's really the whole idea for the next decade. Making it. Landing on islands

Rick Goltz, 55 Suza Goltz, 54 FROM: Cape Canaveral, Florida WHY THEY MOVED: To see the world at their pace, alone MONEY SITUATION: Transferred their 401(k)s into IRAs; drew \$2,500 monthly from one that was dedicated to an annuity.

THE MOVERS:













(Clockwise from top left): Riding out the rain, paddling Borneo, snorkeling the Maldives, exploring South Africa, moored in the Bahamas.



They could try to maneuver around the storm, but the boat's steering cable breaks.

few of their friends even know how to pronounce: Langkawi, Chuuk, Hiva Oa, Chagos.

Rick and Suza get best acquainted with Kwajalein in the Marshall Islands. It's there where they spend almost six years working because the winds seem to be conspiring against their sail to Fiji — they cancel it twice. Who knows, though, what might have happened in Fiji? Maybe Rick would have developed a severe kava habit or gotten into a fight with a chief. It had to be something, because it seems like, for the most part, the couple is able to dodge bad things. Really bad things.

Near Papua New Guinea a microburst appears. They could try to maneuver around it, except that the boat's steering cable breaks. Rick is able to fix it as they escape possible doom.

In Thailand Rick and Suza plan to join a rally organized to sail the coast of Africa, only to back

LESSONS LEARNED

FORGET SPEED Things move real slow at sea. There's no such thing as multitasking. You can't read the paper online and order pizza. When you're on a boat, you say things like, "OK today we're going to do the laundry. or, "Nope, we don't have any fresh water for that. **BOATING IS AN** OUTDOOR SPORT It's a lot like camping. When it rains, you get wet. When it's hot, you sweat Each time we raised the anchor in the Pacific, we were looking at five days and nights at sea. ISLANDS CHANGE We almost didn't recognize some Caribbean ports when we came back through after 12 years. Don't wait. Go now. out and take a much longer route. They find out later that pirates have captured some of the sailors in the rally.

"We never regretted the decision to add 10,000 miles to our trip," says Rick. "In fact, that's how we got to see the Maldives, Chagos and Madagascar."

Taking time to enjoy those islands is when the real honeymooning happens, because life aboard the boat, on the move, consumes more time than you might imagine. Rick and Suza are the full-time crew. Which is why her sixvolume set of *The History of the Decline and Fall of the Roman Empire* will not be read. Even given 14 years to do so.

As they return to Florida, and end their honeymoon, Rick and Suza say they wouldn't trade the experience for anything. They've stepped onto islands accessible only by boat. They can describe the world's best snorkeling spots like no one else. But they wouldn't do this again. They're ready to sleep on beds that don't move and to read something other than ocean currents — like those books about the Roman Empire. And to start telling stories about one amazing honeymoon. • HOW TO DO IT >

HOW TO SAIL AWAY

STATISTICA 271

Where to do it:
TONGA Friendly to humpback whales and sailors. How about a pig roast in the marina?
BVI Great cruising waters with favorable winds, scenic bays and the best painkillers.
MICRONESIA The islands near Yap are preserved. Bring a gift for the chief on Ifalik.
SEA OF CORTEZ Sailors with an adventurous itch might wind up in the Galapagos.
DOMINICA Pick one local boy in a dinghy to bring bread and ice. The others will go away.

If you do it:
SAVE Rick and Suza figured they'd need \$30K a year to live on. It would cost \$20K every third year to haul out the boat. It took them 10 years to save enough money to go.
LEARN Beth Leonard is a two-time circumnavigator with one of the most helpful websites: bethandevans.com.
PRACTICE Rick and Suza prepared for the 14-year cruise by living on a boat for five years. It gave them time to downsize.
"Once you get rid of stuff," says Suza, "there's freedom."

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